

NEWSLETTER

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Code to the weekly Mood Boost. Scan QR code with your phone's camera for quick access.

Diversity Calendar

June is LGBTQ+ Awareness Month!

Continue to page 2 as we take a deeper dive into the history of LGBTQ+ awareness in the United States and the work we still have left to do.

June is also Caribbean American Heritage Month!

In June 2005, the House of Representatives unanimously adopted H. Con. Res. 71, sponsored by Congresswoman Barbara Lee, recognizing the significance of Caribbean people and their descendants in the history and culture of the United States.



6/4-6: Shavout a Jewish holiday that has double significance. It marks the wheat harvest in Israel and commemorates the anniversary of the day when the Jews received the Torah at Mount Sinai

6/15: Native American Citizenship Day commemorates the day in 1924 when the US Congress passed legislation recognizing the citizenship of Native Americans.

6/21: Litha, also known as midsummer, the summer solstice is celebrated by Wiccans and Pagans. It is the first day of summer and longest day of the year, representing the sun's "annual retreat."

6/28: The "Last Day in June" is recognized as Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ+) **Pride Day** in the United States. It commemorates the Stonewall Riots that occurred on 28, 1969. While the riots occurred on a fixed timeline, different communities celebrate Pride Day on different days in June.



TIC Media Pick

To celebrate LGBTQ+ Awareness Month we're highlighting *Disclosure* as our TIC media selection. that shine a light on the stories, advocacy, and lived experience of the LGBTQ+ community. The film, streaming on Netflix, stars LaVerne Cox and several other trans actors, filmmakers and historians. It looks at the film industry's depiction of the trans community and its impact on American culture and individuals. 'We need more trans folks working behind the scenes - directing, producing, below the line positions, just more,' Cox added. 'And more representation in positions of power.'

Find the film here: [Disclosure](#)

DEI Data Points: LGBTQ+

"According to a 2013 survey, 40% of LGBTQ+ adults have experienced rejection from a family member or a close friend. A 2019 school climate survey showed that 86% of LGBTQ+ youth reported being harassed or assaulted at school, which can significantly impact their mental health.

It is estimated that LGBTQ+ youth and young adults have a 120% higher risk of experiencing homelessness – often the result of family rejection or discrimination based on gender identity or sexual orientation. "

- NAMI.org



TIC Meeting Recap, May 2022

The May TIC Meeting focused efforts on an agency-wide push to watch *Wisdom of Trauma*. Haven't seen the film yet? Check with your supervisor on how and when to access!

- TIC Tip -

When something reminds traumatized people of the past, their right brain reacts as if the traumatic event were happening in the present.

Dr. Bessel Van Der Kolk

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(Photo via Pumpkin and Peanut Butter)

Ingredients

- 1 heaped tablespoon whole grain dijon mustard
- salt and pepper to taste
- 1 15 oz can white beans, drained and rinsed
- 1 avocado, sliced
- juice of half a lemon
- 2 tablespoons fresh basil leaves, finely chopped

for the sandwich (optional): baby spinach, romaine, arugula, tomato slices

Smashed White Bean, Basil, and Avocado Sandwich

By [Pumpkin and Peanut Butter](#)

Summer is here and we're ready to NOT spend it with hours and hours prepping, cooking, and cleaning in the kitchen—at least whenever we can avoid it! Welcome this easy to make and oh-so-delicious white bean based sandwich. Having become quite the fan of a white bean and basil dish that's perfect for Fall, I was extremely grateful to come across this Summer version of the same flavor profile.

Instructions

Step 1: Pour white beans into a large bowl and mashed a little with a potato masher. Add in the diced avocado and lemon juice, then mash until there are just a few chunks of bean and avocado left. Stir in the mustard, basil, salt and pepper, then taste and adjust flavors as necessary.

Step 2: Spoon the white bean mix onto toasted bread and layer with more pieces of fresh basil and spinach. Add tomato slices and dash with salt and pepper.

Not feeling a sandwich today? Consider making it into a salad, veggie bowl, or just eat it as is! It's delicious any way!



JOB BOARD

Current openings in the Front St. Family of Companies.

Front St. Admin. Svcs.–7th Ave. Center LLC- Front St. Inc–Front St. Housing Inc.– Laurel St. LLC

(*) indicates new job posting

PAGET/HOUSING

***HS Team Admin Assistant**

Full Time/Part Time, FSAS
Santa Cruz

Occupational Therapist

Full Time, FSI- Comm. Supports
Santa Cruz

Healing the Streets Case Manager

Full Time, - Comm. Supports
Santa Cruz

Healing the Streets Support Coach

Full Time, FSI- Comm. Supports
Santa Cruz

Peer Support Coach

Full Time, FSI–Housing/OAS-INN
Santa Cruz

Housing Navigation + Sustainability Coordinator

Full Time, FSI–Sup. Housing
Santa Cruz

Caregiver

Full Time, FSI–Paget
Santa Cruz

FSI–DRAKE

MHSS Coordinator

Full Time, FSI
Santa Cruz + Monterey

Housekeeper

Full Time, FSI–Drake
Monterey

Cook

Full Time, FSI–Drake
Monterey

Kitchen Supervisor

Full Time, FSI-Drake
Monterey

Maintenance Technician

Full Time, FSI--Drake
Monterey

Med Room Nurse

Part Time, FSI–Drake
Monterey

Appointment Coordinator

Full Time, FSI–Drake
Monterey

Residential Caregiver

Full Time, FSI–Drake
Monterey

FSI/FSAS/7TH

***Cook / Dietary Aid**

Full Time/Part Time, 7th Ave.
Santa Cruz

***Housekeeper / Janitor / Laundry**

Full Time, 7th Ave.
Santa Cruz

Maintenance

Full Time, FSAS
Santa Cruz

Residential Caregiver

Full Time, FSI
Santa Cruz

Direct Care / Unlicensed Nursing Staff

Full Time, 7th Ave.
Santa Cruz

Nurse

Full Time/Part Time, 7th Ave.
Santa Cruz

CONTRIBUTIONS

Diversity Calendar: by Seramount.com, June 2022

TIC Media PickL synopsis via Netflix.com